

FREE FOOD (& SOME MEALS) IN WILSON CO. TN

*It is recommended that you call each location and ask: 1. What are the **days & hours** when you are open? 2. Can I come and get food **now**? 3. Do you require a **photo ID** or proof of residence? 4. **How often** can I come each month? 5. **Anything else** I need to know? (NOTE: Please email info@wilsonhelps.org if you find know of any additional places or if you find any errors in need of corrections.)*

MON - 9-11AM - COLLEGE HILLS CHURCH OF CHRIST - 1401 Leeville Pike Lebanon TN - 615-444-9502

MON-WED-FRI - 11AM-2PM - **FREE LUNCH** - (During warm months) - COMPASSIONATE HANDS - 214 College St. Lebanon TN - 615-784-9897 - **EVERY NIGHT** - 5PM-7AM - **FREE SUPPER & BREAKFAST** - (During winter months for overnight guests)

MON-TUE-WED-THUR - 9-11AM - JOSEPH'S STOREHOUSE FOOD MINISTRY - 1960 Tater Peeler Lebanon TN - 615-453-5777

MON-TUE-WED-THUR-FRI - 9AM-5PM - WILSON CO. HELP CENTER - 203 High Street Lebanon TN - 615-449-1856

MON-TUE-WED-THUR-FRI - FIRST METHODIST - (Mon thru Thur 9AM-4PM & Fri 9-11AM) - 415 W Main St. Lebanon TN - 615-444-3315

MON-TUE-WED-THUR-FRI - 8AM-4:30PM - TN DEPT OF HUMAN SERVICES - 155 Legends Dr. #G Lebanon TN - 615-443-2746

MON-TUE-WED-THUR-FRI - 9AM - 4PM - THE GLADE CHURCH - 9000 Stewarts Ferry Pike Gladeville TN - 615-444-9550

MON-TUE-WED-THUR-FRI - 8:30AM-12:30PM - MT. JULIET HELP CENTER - 3425B N Mt Juliet Rd. Mt. Juliet TN - 615-754-4357

MON-TUE-WED-THUR-FRI - 10AM-5PM (by appt ONLY) - JESUS PROVISIONS - 505 Sunset Ct. Mt. Juliet TN - 615-424-9422

TUE-WED-THUR - 8AM-12NOON - ALL FOR HIM MINISTRY - 319 College St. Lebanon TN - 615-965-2300

TUE & THUR - 9AM-3PM - IMMANUEL BAPTIST - SALT & LIGHT - 220 Wildwood Ave. Lebanon TN - 615-444-5563

TUE & THUR - 8AM-4PM - MAPLE HILL CHURCH OF CHRIST - 102 Maple Hill Rd. Lebanon TN - 615-444-1544

TUE & THUR - MT. JULIET CHURCH OF CHRIST - (Tue & Thur 9AM - 2PM) - 1940 N. Mt. Juliet Rd. Mt. Juliet TN - 615-758-2274

TUE & THUR - FRIENDSHIP CHURCH – (Tue 6-7:30PM & Thur 10-11:30AM) 15285 Lebanon Rd. Old Hickory TN - 615-758-5358

WED - 6-7PM - WESTLAND METHODIST CHURCH - 110 Dawson Lane Lebanon TN - 615-444-0776

WED - 9AM-12NOON - CLOYD'S PRESBYTERIAN - 595 W Division Mt. Juliet TN - 615-758-7434

WED & THUR - HERMITAGE HILLS BAPTIST (Wed 6-7:30PM & Thur 10-11:30AM) - 3475 Lebanon Pike Hermitage TN - 615-883-5034

1ST & 3RD WED – 6PM - ROUND LICK BAPTIST - 745 W Main Watertown TN - 615-237-3052

THUR - 4-5PM - GREEN HILL CHURCH - 13251 Lebanon Rd. Mt. Juliet TN - 615-758-7238

THUR & FRI - JOY CHURCH - (Thur 4-7PM & Fri 1-4PM) - 10085 Lebanon Rd. Mt. Juliet TN - 615-773-5252

THUR - 11AM-1PM - **FREE LUNCH** - ST. STEPHENS CATHOLIC – 14544 Lebanon Rd. Old Hickory TN - 615-758-2424

THURS – 12NOON-3PM - TRUTH & GRACE CHURCH - 14825 Lebanon Rd. Old Hickory TN - 615-578-5465

1ST & 3RD FRIDAYS – 9AM-12NOON - GOD'S FOOD PANTRY - 430 E Broad St. Smithville TN - 615-597-4540

SATURDAY - 9:30AM-4PM - HERMITAGE METHODIST - 4250 Andrew Jackson Pkwy Hermitage TN – 615-871-9221

1ST SAT AFTER 1ST WED – 7-9AM - LASCASSAS METHODIST - 4750 E Jefferson Pike Lascassas TN - 615-890-1858

2ND & 4TH SATURDAYS – 9-11AM - DODSON CHAPEL - 4107 Dodson Chapel Rd. Hermitage TN - 615-889-0106

EVERY 3RD SATURDAY - 3-4:30PM - LIFE CHURCH DREAM CENTER - 3688 Hwy 109 Lebanon TN - 615-469-5190

(DAYS & TIMES ?) - S.A.L.T. (*SERVING AT THE LORD'S TABLE*) - 7019 Hickory Ridge Rd. Lebanon TN - 615-965-5361

SUNDAY - 3-4PM - **FREE LUNCH** - THE MINISTRY CENTER CHURCH OF GOD - 1007 Hartsville Pike Lebanon TN

(SOME SUNDAYS) – 8:30AM - WAR MEMORIAL PLAZA - 301 6th Ave N. Nashville TN 37243